

FETA COWBOY

Signature BOWLS

SPICY CHICKEN BOWL 12.99

Hot honey glazed chicken, Calrose rice, Romano beans, harissa, chili oil, pico de pickle, Mediterranean pico, feta, fired corn, burst of herbs, almonds, pepitas, harissa vinaigrette, labneh crema, hummus, zhug hummus, chips

BRISKET KIMCHI BOWL 13.99

Brisket, Calrose rice, Romano beans, sweet potatoes, fired corn, FC pomegranate BBQ sauce, kimchi-cabbage, radish pico, harissa tahini coleslaw, pico de pickle, harissa vinaigrette, burst of herbs, hummus, zhug hummus, chips

GREENS & SPICY FALAFEL BOWL 11.99

Falafel, Basmati rice, shredded romaine, green lentils, zhug tahini, Mediterranean pico, pico de pickle, roasted cauliflower, burst of herbs, harissa vinaigrette, pepitas, hummus, zhug hummus, chips

SPICY ROASTED VEGGIES BOWL 11.99

Green lentils, Basmati rice, roasted cauliflower, sweet potatoes, fired corn, harissa tahini, chili oil, Mediterranean pico, Aleppo pico, guacamole, pico de Serrano, almonds, feta, harissa vinaigrette, evoo, hummus, zhug hummus, chips

FC SKEWERED KEBAB BOWL 13.99

FC skewered burger, Basmati rice, shredded romaine, green lentils, roasted cauliflower, labneh tzatziki, zhug, Aleppo pico, pico de pickle, Mediterranean pico, pico de gallo, pepitas, zhug vinaigrette, chips

NORSE SEA SALMON BOWL 14.99

Norwegian salmon, Calrose rice, green lentils, shredded romaine, sweet potatoes, fired corn, roasted cauliflower, zhug, labneh tzatziki, Mediterranean pico, burst of herbs, citrus vinaigrette, hummus, zhug hummus, chips

GYRO BOWL 12.99

Gyro, Calrose rice, green lentils, roasted cauliflower, labneh tzatziki, Mediterranean pico, pico de gallo, feta, burst of herbs, citrus vinaigrette, hummus, zhug hummus, chips

CARNITAS BOWL 13.99

Carnitas, Calrose rice, Romano beans, salsa verde, pico de gallo, harissa tahini coleslaw, guacamole, Monterey Jack cheese, burst of herbs, harissa vinaigrette, hummus, zhug hummus, chips

ULTIMATE GREEK SALAD 8.99

Super greens mix, romaine lettuce, Mediterranean pico, Aleppo pico, radish pico, kalamata olives, burst of herbs, citrus vinaigrette.

OAXACA JACK CHEDDAR QUESADILLA 7.99

Oaxaca, Monterey Jack and cheddar cheese, tortilla

Signature HANDHELDS

GYRO PITA 10.99

Gyro, labneh tzatziki, Mediterranean pico, Aleppo pico, feta, burst of herbs, pita

FC SKEWERED KEBAB PITA 11.99

FC skewered burger, labneh tzatziki, chili oil, Aleppo pico, pico de Serrano, pico de pickle, pico de gallo, shredded romaine, citrus vinaigrette, pita

FALAFEL PITA 9.99

Falafel, harissa tahini, pico de pickle, Mediterranean pico, harissa tahini coleslaw, radish pico, super greens mix, brassica mix {cabbage-kale mix}, burst of herbs, pepitas, pita

CHICKEN SHAWARMA PITA 11.99

Chicken shawarma, shredded romaine, harissa tahini, toom, Aleppo pico, pico de pickle, pico de gallo, harissa vinaigrette, pita

BRISKET KIMCHI BURRITO 12.99

Brisket, Calrose rice, Romano beans, sweet potatoes, FC pomegranate BBQ sauce, chili oil, kimchi-cabbage, Monterey Jack cheese, harissa vinaigrette, tortilla

CHILI-BRAISED BIRRIA BURRITO 12.99

Chili-braised chuck roast, shredded romaine, Calrose rice, Romano beans, salsa roja, radish pico, pico de Serrano, Monterey Jack cheese, burst of herbs, tortilla

CARNITAS BURRITO 12.99

Carnitas, Calrose rice, Romano beans, salsa verde, sweet potatoes, pico de gallo, Aleppo pico, Monterey Jack cheese, zhug vinaigrette, tortilla

SPICY CAULIFLOWER BURRITO 10.99

Roasted cauliflower, green lentils, Calrose rice, brassica mix {cabbage-kale mix}, harissa tahini, chili oil, Mediterranean pico, pico de pickle, burst of herbs, tortilla

★ TOASTED TOOM CHICKEN ROLLO! 11.99 ★

Chicken shawarma, toom, harissa tahini, arbol-guajillo salsa, pico de pickle, Aleppo pico, pico de gallo, tortilla

FALAFEL ROLLO 10.99

Falafel, zhug tahini, harissa tahini, arbol-guajillo salsa, pico de pickle, Aleppo pico, pico de gallo, green onions, burst of herbs, tortilla

lil COWBOY KIT 5.99

Choice of: protein, grain, dip, veggie & bread.

Includes a kid's drink (for kids 12 and under)

FETA COWBOY

Signature **DIPS** with pita

HUMMUS DIP 7.99

Choice of hummus, choice of pico, burst of herbs, evoo

HUMMUS & CHICK 11.99

Hummus, chicken shawarma, harissa tahini, Mediterranean pico, pico de pickle, burst of herbs, evoo

SPICY HUMMUS & CHICK 11.99

Hummus, hot honey glazed chicken, harissa, pico de Serrano, pico de pickle, burst of herbs, evoo

HUMMUS & BRISKET 12.99

Hummus, brisket, FC pomegranate BBQ sauce, kimchi-cabbage, Mediterranean pico, radish pico, burst of herbs, evoo

TZATZIKI & GYRO 11.99

Labneh tzatziki, gyro, Mediterranean pico, burst of herbs, evoo

HUMMUS & BIRRIA 12.99

Hummus, chili-braised chuck roast, pico de gallo, salsa roja, burst of herbs

HUMMUS & CARNITAS 12.99

Zhug hummus, carnitas, harissa tahini coleslaw, salsa verde, FC pomegranate BBQ sauce

FETA FREAK DIP 7.99

Feta freak dip, pico de gallo, za'atar, Aleppo pico, burst of herbs, evoo

Build Your Own

BOWL

CHILI-BRAISED CHUCK ROAST (BIRRIA) 14.99

GYRO 13.99

CHICKEN SHAWARMA 13.99

SALMON 15.99

COWBOY KEBAB 14.99

BRISKET 14.99

CARNITAS 14.99

FALAFEL 12.99

BURRITO

CHILI-BRAISED CHUCK ROAST (BIRRIA) 13.99

GYRO 12.99

CHICKEN SHAWARMA 12.99

SALMON 14.99

COWBOY KEBAB 13.99

BRISKET 13.99

CARNITAS 13.99

FALAFEL 11.99

Glossary

OUR SAUCES

ZHUG - A Yemenite fresh and zesty green condiment, with fresh herbs, chili pepper, olive oil, lemon, and spices.

HARISSA - A north African red pepper sauce

TOOM - A pungent garlic, lemon and oil emulsion, a Levantine aioli

FC POMEGRANATE BBQ SAUCE - Our original BBQ sauce crafted on a ruby pomegranate juice base to deliver sweet, tangy, smoky and mild heat

SALSA ROJA (ARBOL-GUAJILLO) - A southwest sauce of arbol and guajillo chilis

SALSA VERDE (TOMATILLO-JALAPENO) - A southwest sauce of tomatillo and jalapeno

CHILI OIL - Asian style chili oil of arbor guajillo and garlic

OUR PICOS

PICO DE GALLO - Our fresh take on a south of the border classic, tomatoes, onions, jalapenos and cilantro

PICO DE PICKLE - Diced up assorted pickles, to provide the perfect pickly punch of brine, mild vinegary acidity, saltiness and sweetness, and mild heat

MEDITERRANEAN PICO - A classic Mediterranean bite chaser with diced cucumbers, tomatoes and mint

PICO DE SERRANO - Finely diced seasonal hot peppers in olive oil and herbs. Drizzle it with caution.

ALEPPO PICO - A classic grilled protein pairing with italian parsley, thinly shaved onions and sumac.

KIMCHI-CABBAGE - Not really a Pico in the sense of a diced condiment, this fermented Korea delight loaded with probiotics is great on its own or as a chaser to rich and savory proteins

BURST OF HERBS - Many of our recipes include: mint, parsley, cilantro and other fresh herbs